

Physical Education Intent, Implementation and Impact Statement

Intent:

At Court Lane Infant School, the child is at the centre of everything we do. We aim to provide a high quality physical education curriculum that aims to equip children to have the tools to be able to lead healthy and active life styles. We aim to provide opportunities where children are encouraged to participate in competitive and non-competitive activities and to improve their fitness, health and mental well-being. Physical sports and activities are provided to enable children to build their confidence, self-esteem, and respect for others, to be inclusive and be enjoyable to all.

The EYFS Statutory Framework Early Learning Goals for Gross Motor Skills:

Children at the expected level of development will:

- Negotiate space and obstacles safely, with consideration for themselves and others;
- Demonstrate strength, balance and coordination when playing;
- Move energetically, such as running, jumping, dancing, hopping, skipping and climbing.

In developing their gross motor skills children will in turn develop the strength to enable them to use their fine motor skills with increasing competency.

The National Curriculum aims to ensure that all pupils:

- Development competence to excel in a broad range of physical activities
- Are physically active for sustained periods of time
- Engage in competitive sports and activities
- Lead healthy, active lives.

Our school ethos of Every child, Every chance, Every day is imbedded within every learning opportunity. Our school values – Believe, Inspire and Achieve underpin our aspirations for each and every child and encompass our Trust Values of Achieve More, Challenge Thinking and Shape Futures.

Implementation:

Children take part in regular PE Lessons equal to 2 hours per week in KS1 and 1hr 30mins in EYFS to improve their fundamental movement skills, agility, balance and coordination. At Court Lane Infant school we use the REAL PE teaching and learning framework to develop positive behaviours, skills and knowledge for all pupils irrespective of ability. Real PE follows a unique child-centred approach where every child is included, valued, challenged and supported.

PE is explicitly taught by all Teachers, Higher Level Teaching Assistants or Cover Supervisors in twice-weekly, timetabled lessons using the progressive Real PE curriculum, including Real Gym and Real Dance.

The Real PE scheme of work focuses on Multi-Ability Cogs: Personal, Social, Cognitive, Creative, Physical, Health and Fitness alongside the fundamental movement skills promoting agility, balance and coordination where activities are progressive and inclusive to support all levels and abilities. Cogs are rewarded to children who develop and show understanding of the lesson objects for both Multi-abilities and fundamental skills. Children within the Early Years Foundation Stage partake in additional weekly Write Dance sessions to promote physical development in readiness for writing. Identified children access the BEAM intervention to further develop physical skills.



Court Lane Infant school is part of The Portsmouth Schools Partnerships and Hampshire Schools games programme which supports and encourages children to be active and take part in a range of activities and sample different sports. We believe the importance of activity for children and encourage at least 30 minutes activity daily through active playtimes and lunchtimes and within the Early Years Foundation Stage activity is further promoted with children accessing active outdoor continuous provision.

Assessment:

Children are assessed prior to beginning a unit of work and when a unit has been completed. Assessment is formative and allows teachers the flexibility to use the Real PE planning to support all children from their individual starting points. Summative assessments are collected 3 times a year.

Impact:

All children gain an understanding of the benefits to their health and fitness through our physical activity teaching. Reward COGS are embedded into school culture and children work hard in PE lessons to earn their rewards. The rewards for COGS support the children's understanding, skills and knowledge required for various sports and activities and to develop a love for sport and fitness. Children are actively encouraged to share and discuss areas for personal development and support each other in developing their physical abilities.